

2022 Richards Knights Football

2022 7th and 8th Grade Richards Football Schedule

8th grade Sign-Up & Helmet Fitting during Orientation 8/17 in Gym 2-5pm

7th grade Sign-Up & Helmet Fitting during Orientation 8/18 in Gym 2-5pm

Players must bring:

- Physical dated after April 15, 2022
Pay to participate form or receipt of on-line payment. Online payment info may be found at: fraser.k12.mi.us then click on Athletics
- A combination lock for your locker

Practice Schedule

Thursday, August 25th - **1st Day of Conditioning- Helmets & mouthpiece 3-5 pm**

Friday, August 26th - **2nd Day of Conditioning-Helmet & mouthpiece 3-5 pm**

Monday, August 29th - **3rd Day of Conditioning-Helmet & mouthpiece 3-5 pm**

Tuesday, August 30th - **4th Day of Conditioning-Helmet & mouthpiece 3-5 pm**

Wednesday, August 31st - **Practice, shoulder pad distribution 3-5 pm**

Thursday, Sept 1st - **Shoulder Pads & Helmets, pant distribution 3-5 pm**

Friday, Sept 2nd - **Potential Concussion Test Date, Will check with Head Athletic Trainer**

Tuesday, Sept 6th - **Full pad practice 3-5 pm**

Wednesday, Sept 7th - **Full pad practice 3-5 pm**

Thursday, Sept 8th - **Full pad practice 3-5 pm**

Friday, Sept 9th - **Full pad practice 3-5 pm**

Monday, Sept 12th - **Full pad practice 3-5 pm**

Tuesday, Sept 13th - **Scrimmage @ Seneca. More details to come.**

Wednesday, Sept 14th - **No Practice/Early Release Day**

Thursday, Sept 15th - **Full pad practice 3-5 pm**

Friday, Sept 16th - **Full pad practice 3-5 pm**

All Practices are Mandatory!!!

Game Schedule

All games will be played on Tuesdays. A schedule will be handed out once it has been finalized.

Games will be after school, starting with the 7th grade. 8th grade games follow very quickly.

Transportation to and from away games will be provided and must be used.

Team Expectations

- EXERCISE over the summer, DO NOT sit in the house playing video games all day! - Give your best effort in class and complete all your work.
- Be always on your best behavior. The classroom, hallways, lunchroom & bus.
- Attend practice every day and be on time every day!
- Any unexcused absence from practice will result in the loss of playing time, you cannot get better when you are not at practice. If a player reaches three unexcused absences, they will be removed from the team. If you decide that football is not the game for you, talk to your coaches as we will understand, and turn your equipment in. Advanced notice with a reasonable justification is required for an absence to be considered excused.
- Listen to your coaches and be willing to sacrifice for the team!
- Everyone will play in the games, how much will be determined by you. Class work, behavior, attendance, effort, and ability are all factors that will go into the playing time each player will receive.
- To prevent blisters, break your new cleats in 1 to 2 weeks before we start practice. Wearing 2 pairs of socks in the beginning helps keep blisters away too.

Football Coach Information

7th Grade Coaches: Erik Anderson, Brent Carter, Steve Norgrove Anderson email:

erik.anderson@fraserk12.org

8th Grade Coaches: Brad Truskowski, Mike Kuharcik, Truskowski email:

Truskowski77@yahoo.com

Richards Football 2022

1. All players must have a physical form completed by a physician dated after April 15, 2022. The physical will be good for the 2022/23 school year.
2. All pay to participate forms must be completed with payment before the first regular season game. Without payment, your student athlete may not participate. All pay to participate information is available at:
www.fraser.k12.mi.us click on the Athletics tab and you will find the form
3. Other athletic forms from the district: FamilyID will be handed out during signups for the players to take home and have completed. These must be turned in before our first scrimmage.
4. Players are expected to be at every scheduled practice. If your student athlete needs to miss practice, please let the coaches know in advance.
5. Coaches will receive eligibility reports from teachers on a weekly basis. Students will be eligible to participate with satisfactory reports in academics, behavior, and effort. If a student has an unsatisfactory mark in any of those areas, they will receive a point. 3 points accumulated for a given week, will cause that player to be ineligible to play for that week.
6. **All parents are required to attend a MANDATORY district athletic meeting that will deal with eligibility and expectations throughout your student's athletic career in Fraser Public Schools. Details will be announced when they are confirmed with our Athletic Director, Shane Redshaw.**
7. Parent volunteers will be needed for home games with concessions and the chains. Mr Redshaw will have more information on how and where to sign up.

8. Fraser Public Schools prohibits parents to be volunteer coaches at practices or during games if they have a child attending that school.

9. When it comes to concerns over playing time, we would prefer the athlete meet with the coaches after practice to discuss what they need to do to earn more playing time. The players are at practice every day and witness efforts and performances given on a daily basis.