

**FRASER HIGH SCHOOL**  
**FALL SPORTS START DATES**

**FOOTBALL**

Equipment Handout

Date: Friday, July 29<sup>th</sup>

Time: 9:00 am

ALL LEVELS

Location: Fraser HS Main Gym

Varsity

Date: Monday, Aug. 8<sup>th</sup>

Time: 3:00-8:00 pm

Location: Fraser Stadium

Head Coach: Jon Skladanowski

Email: [jon.skladanowski@fraserk12.org](mailto:jon.skladanowski@fraserk12.org)

JV/Freshman

Date: Monday, Aug. 8<sup>th</sup>

Time: 3:00-5:00 pm

Location: North End Grass Field

Head Coach: Matt Fishburn

Email: [matthew.fishburn@fraserk12.org](mailto:matthew.fishburn@fraserk12.org)

**BOYS AND GIRLS CROSS COUNTY**

Date: Monday, Aug. 8<sup>th</sup>

Time: 8:30 am

Location: [Meet at Stadium](#)

Head Coach: Kevin Storai

Email: [krstorai@gmail.com](mailto:krstorai@gmail.com)

**BOYS SOCCER**

Varsity and JV

Date: Monday, August 8<sup>th</sup> thru Wednesday, August 10<sup>th</sup>

Time: 4:00-6:00 pm

Location: Fraser Stadium

Head Coach: Michael Agostini

Email: [fraserhighschoolboysoccer@gmail.com](mailto:fraserhighschoolboysoccer@gmail.com)

### **VOLLEYBALL**

All Levels (Fr/JV/Var)

Date: Monday, August 8<sup>th</sup> thru Thursday, August 11<sup>th</sup>

Time: 8:00 am – 12:00 pm

Location: Fraser HS Main Gym

Head Coach : Kim Argiri-Slone

Email: [kim.argiri-slone@fraserk12.org](mailto:kim.argiri-slone@fraserk12.org)

### **BOYS TENNIS**

Varsity and JV

Date : Monday, August 8<sup>th</sup> thru Friday, August 12<sup>th</sup>

Time: 1:00 – 3:00 pm

Location: Fraser Tennis Courts

Head Coach: Franklin Wu

Email: [118mph@gmail.com](mailto:118mph@gmail.com)

### **GIRLS GOLF**

Date: Monday, August 8<sup>th</sup>

Time: TBA

Location: TBA

For additional information at this time – please contact Coach Fagan

Head Coach: Thomas Fagan

Email: [thomasfagan95@gmail.com](mailto:thomasfagan95@gmail.com)

### **SIDELINE CHEERLEADING**

Date: Monday, August 8<sup>th</sup>

If you are new to the school or missed tryouts, please contact Coach Edwards

Head Coach: Kimberly Edwards

Email: [kimberlyedwards93@yahoo.com](mailto:kimberlyedwards93@yahoo.com)

## **DANCE TEAM**

If you are new to the school and missed tryouts, please contact Coach Francuch

Head Coach: Haley Francuch

Email: [fdtvarsity@gmail.com](mailto:fdtvarsity@gmail.com)

## **GIRLS SWIM AND DIVE**

Date: Monday, August 15<sup>th</sup> thru Friday, August 20<sup>th</sup>

Time: 8:00 – 10:30 am

Location: Fraser HS Pool

Head Coach: Dave Nowinski

Email: [david.nowinski@fraserk12.org](mailto:david.nowinski@fraserk12.org)

## **REQUIREMENTS TO ATTEND TRYOUTS**

1. All students interested in trying out for a spring sports team must hand in a completely filled out 2022-23 MHSAA Physical Form or have one on file with the athletic department (dated after April 15, 2022) prior to participating. **If a physical being handed in by the student is not completely filled out (missing signatures/required spaces left blank), student will held out of participating in tryouts until the physical is returned, completely filled out on both sides, to the Athletic Department or coach.**

MHSAA Physical Form:

<http://www.fraser.k12.mi.us/cms/lib/MI02212020/Centricity/Domain/81/2018%20Sports%20Physical%20Form.pdf>

2. Prior to trying out, all student must have completed the on line **FamilyID** registration. You will fill out the form for the sport and level you are planning on trying out for. **If this on line registration is not completed, the student will be held out of participation until it is completed. FamilyID Registration for fall sports will not be open until mid July.**

FamilyID Instructions:

[FHS FamilyID Reg Instructions 2021-22.docx](#)

If you have any questions, please contact the Athletic Director, Shane Redshaw at [shane.redshaw@fraserk12.org](mailto:shane.redshaw@fraserk12.org) or Athletic Secretary, Deborah Rinehart at [Deborah.rinehart@fraserk12.org](mailto:Deborah.rinehart@fraserk12.org)

We ask that all students bring their own water bottles for the 1<sup>st</sup> week. Locker rooms will be available if needed, but we ask that you arrive dressed and ready to participate when possible. Cleated sports shoes are not to be worn inside the High School.