

**FRASER HIGH SCHOOL
2023 SPRING SPORTS
TRYOUT INFORMATION**

Girls Soccer

All Levels

Dates: Monday, Mar. 13th thru Wednesday, Mar. 15th

Times: 4:30-6:00 pm

Location: Total Soccer Fraser

Varsity Coach: Michael Leone

Email: coach.leone5@gmail.com

JV Coach: Norm Lentine

Email: norman.lentine@fraserk12.org

Softball

Varsity Tryouts

Dates : Monday, Mar. 13th thru Thursday, Mar. 16th

Time: 2:45 – 4:45 pm

Location: Fraser Aux Gym

JV Tryouts

Dates: Monday, Mar. 13th thru Thursday, Mar. 16th

Time: 4:30 - 6:30 pm

Location: Fraser Aux Gym

Friday, Mar. 17th

Both JV and Varsity

Time: 2:45 – 4:45 pm

Need to bring appropriate attire in case weather permits outside participation

Varsity Coach: Matt Fishburn

Email: matthew.fishburn@fraserk12.org

JV Coach : James Wisniewski

Email : wizrules@live.com

Boys Golf Meeting

Date: Monday, March 13th

Time: 2:45 pm

Location: Team Room #1200

Varsity Coach: George Roberts

Email: George.roberts627@gmail.com

Boys and Girls Track and Field

Date: Monday, March 13th

Time: 2:45 pm

Location: Girls Gym

Need to bring appropriate attire in case weather permits outside participation and for indoor training as well.

Head Coach: Kevin Storai
Email: kstorai@gmail.com

Baseball

Freshman Tryouts

Dates: Monday, Mar. 13th thru Friday, Mar. 17th
Time: 4:30 – 6:30 pm
Location: Main gym

JV Tryouts

Dates: Monday, Mar. 13th thru Friday, Mar. 17th
Time: 2:30 – 4:30 pm
Location: Main Gym

Varsity Tryouts

Dates: Monday, Mar. 13th thru Friday, Mar. 17th
Time: 6:30 – 8:30 pm
Location: Main Gym

Need to bring appropriate attire in case weather permits outside participation

Varsity Coach: Michael Demetral
Email: Michael.demetral@fraserk12.org
JV Coach: Chris Wisniewski
Email: chris.wisniewski@fraserk12.org
Freshman Coach : Brad Caylor
Email: caylorbrad@yahoo.com

Girls Tennis

All Levels
Date: Monday, March 13th
Time: 2:45 pm
Location: TBA

Need to bring appropriate attire in case weather permits outside participation and for indoor conditioning. Announcements will be made as we get closer to the start date.

Varsity Coach: Frank Wu
Email: 118mph@gmail.com
JV Coach: Michael Cunningham
Email: Michael.cunningham@fraserk12.org

REQUIREMENTS TO ATTEND TRYOUTS

1. If you have **transferred** into the district during the 2022-23 school year and are interested in participating in High School Sports, you must contact the athletic office. All students having transferred into the district must have their eligibility status checked prior to participating in any winter sport.

2. All students interested in trying out for a winter sports team must hand in a completely filled out 2022-23 MHSAA Physical Form or have one on file with the Athletic Department (dated after April 15, 2022) prior to participating. **If a physical being handed in by the student is not completely filled out (missing signatures/required spaces left blank), student will be held out of participating in tryouts until the physical is returned, completely filled out on both sides, to the Athletic Department or coach.**

MHSAA Physical Form:

<https://www.fraser.k12.mi.us/cms/lib/MI02212020/Centricity/Domain/81/Sports%20Physical%20Form.pdf>

3. Prior to trying out, all student must have completed the on line **FamilyID** registration. You will fill out the form for the sport and level you are planning to try out for. **If this on line registration is not completed, the student will be held out of participation until it is completed.**

FamilyID Instructions:

[FHS FamilyID Reg Instructions 2022-23.docx](#)

If you have any questions, please contact the Athletic Director, Shane Redshaw at shane.redshaw@fraserk12.org or Athletic Secretary, Deborah Rinehart at Deborah.rinehart@fraserk12.org