

# 2020

## Richards Knights

### Football

#### 2020 7<sup>th</sup> and 8<sup>th</sup> Grade Richards Football Schedule

Wednesday, August 19 **8<sup>th</sup> grade Sign-Up & Helmet Fitting 2-6 pm in Richards gym**

Thursday, August 20 **7<sup>th</sup> grade Sign-Up & Helmet Fitting 2-6 pm in Richards gym**

Players must bring:

-Physical dated after April 15, 2020. If student has a completed physical form from 2019-20 school year on file at the Middle School then they must complete the 2020-21 MHSAA Sports Health Questionnaire and turn it in when signing up. Both the MHSAA Physical form and the MHSAA Health Questionnaire form can be found on the Fraser Community Schools web site.

-Pay to participate form or receipt of on-line payment. Online payment info may be found at: [Fraser.k12.mi.us](http://Fraser.k12.mi.us) then click on Athletics

-A combination lock for your locker

Monday, August 31 **1<sup>st</sup> Day of Conditioning- Helmets & mouthpiece 3-5 pm**

Tuesday, September 1 **2<sup>nd</sup> Day of Conditioning-Helmet & mouthpiece 3-5 pm**

Wednesday, September 2 **3<sup>rd</sup> Day of Conditioning-Helmet & mouthpiece 3-5 pm**

Thursday, September 3 **4<sup>th</sup> Day of Conditioning-Helmet & mouthpiece 3-5 pm**

Friday, September 4 **Concussion Test at Fraser HS TBD**

Tuesday, Sept 8 **Full pad practice 3-5 pm**

Wednesday, Sept 9 **Full pad practice 3-5 pm**

Thursday, Sept 10 **Full pad practice 3-5 pm**

Friday, Sept 11 **Full pad practice 3-5 pm**

Monday, Sept 14 **Full pad practice 3-5 pm**

Tuesday, Sept 15 **Full pad practice 3-5 pm**

Wednesday, Sept 16 **Full pad practice 3-5 pm**

Thursday, Sept 17 **Full pad practice 3-5 pm**

Friday, Sept 18 **Full pad practice 3-5 pm**

**All Practices are Mandatory!!!**

### **Game Schedule**

All games will be played on Tuesdays. A schedule will be handed out once it has been finalized.

Games will be after school, starting with the 7<sup>th</sup> grade. 8<sup>th</sup> grade games follow very quickly. Transportation to and from away games will be provided and must be used.

### **Team Expectations**

- EXERCISE over the summer, DO NOT sit in the house playing video games all day! - Give your best effort in class and complete all your work.

-Be on your best behavior at all times: The classroom, hallways, lunchroom & bus. -Attend practice everyday and be on time everyday!

-Any unexcused absence from practice will result in the loss of playing time, you cannot get better when you are not at practice. If a player reaches three unexcused absences, they will be removed from the team. If you decide that football is not the game for you, talk to your coaches as we will understand, and turn your equipment in.

Advanced noticed with a reasonable justification is required for an absence to be considered excused.

-Listen to your coaches and be willing to sacrifice for the team!

-Everyone will play in the games, how much will determined by you. Class work, behavior, attendance, effort, and ability are all factors that will go into the playing time each player will receive.

### **Football Coach Information**

**7<sup>th</sup> Grade Coaches:** Erik Anderson, Brent Carter, Steve Norgrove Anderson email: erik.anderson@fraserk12.org

**Team Remind App: To join, text the message: @richardsfo**

**To the number: 81010**

**8<sup>th</sup> Grade Coaches:** Ray Herrera, Mike Kuharcik, Brad Truskowski Truskowski email: [Truskowski77@yahoo.com](mailto:Truskowski77@yahoo.com)

## **Richards Football 2019**

### *Parent Information*

**1. Prior to participating in tryouts or team practices, all students must have completed and handed in the MHSAA Physical form or Sports Health Questionnaire form. Any student not handing in one of these required forms will be held out of participating until the form has been submitted to the athletic department.**

- Pre-participation Physical Examination (PPE) or 2020-21 MHSAA sports Health Questionnaire: <https://www.mhsaa.com/Schools/Forms-Resources>
- Michigan High School Athletic Association (MHSAA) has decided to extend the 2019-20 Pre-participation Physical Examination for eligible student athletes
- If athletes have a valid 2019-20 PPE they will be required to complete the 2020-21 MHSAA Sports Health Questionnaire that can be found on the MHSAA website or the Athletic website
- All new athletes (i.e., first-time participants in Fraser High School Athletic Department) will be required to obtain a new PPE through his or her primary care provider or other appropriate health care professional. They will not be required to complete the 2020-21 MHSAA Sports Health Questionnaire
- Athletes with underlying, pre-existing conditions, injuries or illnesses must obtain an update PPE or appropriate clearance from treating physician based upon the situation that must be turned in

**As we move closer to the start of the Middle School Fall Sports season, please be aware that these dates and times may change as we continue to navigate the COVID-19 situation. The athletic department will continue to update you as we prepare for the start of the fall season.**

2. All pay to participate forms must be completed with payment before the first regular season game. Without payment, your student athlete may not participate. All pay to participate information is available at:

[www.fraser.k12.mi.us](http://www.fraser.k12.mi.us) click on the Athletics tap and you will find the form

3. Other athletic forms from the district: FamilyID will be handed out during signups for the players to take home and have completed. These must be turned in before our first scrimmage.

4. Players are expected to be at every scheduled practice. If your student athlete needs to miss practice, please let the coaches know in advance.

5. Coaches will receive eligibility reports from teachers on a weekly basis. Students will be

eligible to with satisfactory reports in academics, behavior, and effort. If a student an unsatisfactory mark in any of those areas, they will receive a point. 3 points accumulated for a given week, will cause that player to be ineligible to play for that week.

**6. All parents are required to attend a MANDATORY district athletic meeting that will deal with eligibility and expectations throughout your student's athletic career in Fraser Public Schools. Details will be announced when they are confirmed with our Athletic Director, Shane Redshaw.**

7. Parent volunteers for be need for home games with concessions and the chains. Mr Redshaw will have more information on how and where to sign up.

8. Fraser Public Schools prohibits parents to be volunteer coaches at practices or during games if they have a child attending that school.

9. When it comes to concerns over playing time, we would prefer the athlete meet with the coaches after practice to discuss what they need to do to earn more playing time. The players are at practice everyday and witness efforts and performances given on a daily basis.