



FPS Virtual Learning Menu

September 2020

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

**Labor Day
No School**

Breakfast
Oatmeal Raisin Benefit Bar
Lunch
A.Hamburger
B.Chicken Ham Sandwich
Mixed Vegetables

Breakfast
UBR Breakfast Round
Lunch
A.Mini Pancakes &
Turkey Sausage Links
B.Turkey Wrap
Sliced Carrots

Breakfast
Cherry or Apple Frudel
Lunch
A.Chicken Quesadilla
B.Buffalo Chicken Salad
Refried Beans

Breakfast
Crunch Mania
Lunch
A.Pizza
B.Grilled Cheese Sandwich
Fresh Broccoli

Breakfast
Cereal Bar & Graham
Crackers
Lunch
A.Bosco Sticks & Marinara
Sauce
B.Turkey Sandwich
Cauliflower

Breakfast
Muffin
Lunch
A.Chicken Patty Sandwich
B.Diced Chicken & Cheese
Wrap
Romaine Salad

Breakfast
French Toast Benefit Bar
Lunch
A.Hot Dog on a Bun
B.Chicken Ham & Turkey
Sub
Carrot Coins

Breakfast
Mini Strawberry Pancakes
Lunch
A.Beef Soft Tacos
B.Fruit & Yogurt Plate
Pinto Beans

Breakfast
Mini Cinnis
Lunch
A.Rotini with Meat Sauce &
Dinner Roll
B.Soybutter & Jelly
Sandwich
Green Peas

Breakfast
Cereal & Animal Crackers
Lunch
A.Chicken Tenders &
Dinner Roll
B.Chicken Caesar Wrap
Mashed Potatoes

Breakfast
Oatmeal Raisin Benefit
Bar
Lunch
A.Hamburger
B.Chicken Ham Sandwich
Mixed Vegetables

Breakfast
UBR Breakfast Round
Lunch
A.Mini Pancakes & Turkey
Sausage Links
B.Turkey Wrap
Sliced Carrots

Breakfast
Cherry or Apple Frudel
Lunch
A.Chicken Quesadilla
B.Buffalo Chicken Salad
Refried Beans

Breakfast
Crunch Mania
Lunch
A.Pizza
B.Grilled Cheese Sandwich
Fresh Broccoli

Breakfast
Cereal Bar & Graham
Crackers
Lunch
A.Bosco Sticks & Marinara
Sauce
B.Turkey Sandwich
Cauliflower

Breakfast
Muffin
Lunch
A.Chicken Patty Sandwich
B.Diced Chicken & Cheese
Wrap
Romaine Salad

Breakfast
French Toast Benefit Bar
Lunch
A.Hot Dog on a Bun
B.Chicken Ham & Turkey
Sub
Carrot Coins

Breakfast is served daily with:

100% Fruit Juice or
Fresh, Canned or Frozen Fruit
8 oz. White or Chocolate Milk

Lunch is served daily with:

A Variety of Vegetables
Fresh, Canned or Frozen Fruit
8 oz. White or Chocolate Milk

Menu Information:

Lunch Option A is available for virtual learners to pick-up curbside. **Lunch Option B** will be provided for all SACC and ECC students. The same breakfast entrée will be offered to all students.