




RALLY CAFE

FRASER HIGH SCHOOL April 2025

NOTES

The fresh fruit & vegetable bar is available daily and is included with all entrée options!
Breakfast & lunch include flavored or unflavored lowfat or fat-free milk.
One complete breakfast and lunch is FREE for all students each day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BKFST: Chicken Snack Wraps & Strawberry Yogurt Parfait 1 Test Kitchen: Asian Noodle Bowl Grab n' Go: Turkey & Cheese BaBoom Sub Pizza: Spicy Chicken Sausage Pizza Vegetable: Mixed Veggies	BKFST: Cheesy Turkey Sausage, Egg & Tater Tot Taco & Peach Yogurt Parfait 2 Test Kitchen: Asian Noodle Bowl Grab n' Go: White Bean, Feta & Cucumber Wrap w/ Tzatziki Sauce Pizza: Meat Lover's Pizza Vegetable: Steamed Broccoli	BKFST: Mini Turkey Maple Pancake Bites & Blueberry Yogurt Parfait 3 Test Kitchen: Breakfast Burrito with Turkey Sausage, Egg & Cheese Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Hawaiian Pizza Vegetable: Sliced Carrots 	BKFST: Turkey Sausage, Egg & Cheese Bagel 4 & Strawberry Yogurt Parfait Test Kitchen: Asian Noodle Bowl Grab n' Go: Tuna Salad Sandwich Pizza: Chicken & Pepper Popper Pizza Vegetable: Rainbow Vegetable Blend
BKFST: Blueberry Bread Slice & Blueberry Yogurt Parfait 7 Test Kitchen: Bosco Cheese Sticks & Marinara Sauce Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Taco Pizza Vegetable: Green Beans	BKFST: French Toast Sticks & Strawberry Yogurt Parfait 8 Test Kitchen: Turkey & Apple Melt Grab n' Go: Make Your Own Pepperoni Pizza Bagel  Pizza: Greek Chicken Pizza Vegetable: Roasted Baby Carrots	BKFST: Turkey Sausage, Egg & Cheese Breakfast Burrito & Peach Yogurt Parfait 9 No Lunch – Early Dismissal	BKFST: Three Cheese Mexi Flatbread & Blueberry Yogurt Parfait 10 No Lunch – Early Dismissal	BKFST: Mini Chicken Sausage Pancake Bites & Strawberry Yogurt Parfait 11 Test Kitchen: Popcorn Chicken Bowl Grab n' Go: Italian Style Wrap Pizza: Chili Lime & Beef Pizza Vegetable: Steamed Broccoli
BKFST: Egg Bagel & Blueberry Yogurt Parfait 14 Test Kitchen: Buffalo Meatball Mac n' Cheese Grab n' Go: Turkey & Cheese Wrap Pizza: Vegetarian Greek Pizza Vegetable: Steamed Broccoli	BKFST: Bosco Cheese Stick & Strawberry Yogurt Parfait 15 No Lunch – Early Release	BKFST: Cinnamon Chip Scone & Peach Yogurt Parfait 16 Test Kitchen: Mediterranean Bowl Grab n' Go: Chicken, Garbanzo & Feta Wrap Pizza: Mac n' Cheese Pizza w/ Chicken Vegetable: Roasted Carrots	BKFST: Breakfast Pizza & Blueberry Yogurt Parfait 17 Test Kitchen: Mediterranean Bowl Grab n' Go: Roasted Vegetable Sub Pizza: Broccoli, Pepper & Onion Pizza Vegetable: Warm Cinnamon Peaches	18 No School Good Friday
BKFST: Banana Bread Slice & Blueberry Yogurt Parfait 21 Test Kitchen: Mac n' Cheese Mix Up Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Chicken, Black Bean & Corn Pizza Vegetable: Waffle Fries	BKFST: Country Chicken Biscuit & Strawberry Yogurt Parfait 22 Test Kitchen: Mac n' Cheese Mix Up Grab n' Go: Vegetable & Provolone Mediterranean Wrap Pizza: Meatball Pizza  Vegetable: Roasted Carrots	BKFST: Strawberry Apple Smoothie & Peach Yogurt Parfait 23 Test Kitchen: Mac n' Cheese Mix Up Grab n' Go: Turkey Ham & Cheese Sub Pizza: Buffalo Blue Chicken Pizza Vegetable: Kickin' Pinto Beans	BKFST: Three Cheese Mexi Breakfast Maple Flatbread & Blueberry Yogurt Parfait 24 Test Kitchen: Mac n' Cheese Mix Up Grab n' Go: Make Your Own Pepperoni Pizza Bagel Pizza: Hawaiian Pizza Vegetable: Rainbow Vegetable Blend	BKFST: Vanilla Glazed Donut & Strawberry Yogurt Parfait 25 Test Kitchen: Mac n' Cheese Mix Up Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Veggie Pizza Vegetable: Steamed Broccoli
BKFST: Cinnamon Biscuit & Blueberry Yogurt Parfait 28 Test Kitchen: Tossed Chicken Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: White Pizza w/ Chicken Sausage Vegetable: Mashed Potatoes w/ Gravy	BKFST: Breakfast Pizza & Strawberry Yogurt Parfait 29 Test Kitchen: Tossed Chicken Grab n' Go: Asian Chicken Wrap Pizza: Sweet & Spicy Turkey Ham Pizza Vegetable: Sweet Golden Corn	BKFST: Glazed Cinnamon Roll & Peach Yogurt Parfait 30 Test Kitchen: Tossed Chicken Grab n' Go: PBJ Bagel w/ Cheese Stick Pizza: Cheeseburger Pizza Vegetable: Edamame		