


NOTES

All entrée salads include a dinner roll.
The fresh fruit & vegetable bar is available daily and is included with all entrée options!
Breakfast & lunch include flavored or unflavored lowfat or fat-free milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				BKFST: Chicken Ham & Cheese Bagel 1 Entree: Cheesy Baked Penne Pasta & Breadstick Salad: Diced Chicken Salad Deli: Chicken Ham & Cheese Sub MTO: Build Your Own Salad
BKFST: Blueberry Bread Slice 4 Entree: Spaghetti Carbonara Salad: Greek Salad with Chicken Deli: Cookie Hummus, Yogurt & Graham Crackers MTO: Build Your Own Deli Sandwich	BKFST: French Toast Sticks 5 Entree: Hot Honey Chicken Biscuit Salad: Fruit, Yogurt & Cheese Plate Deli: Chicken Ham & Cheese Sandwich MTO: Build Your Own Salad 	BKFST: Stuffed Cheese Breadstick 6 Entree: Pancakes & Scrambled Eggs Salad: Italian Salad Deli: Turkey & Cheese Sandwich MTO: Build Your Own Burger Bar	BKFST: Maple Flatbread with Egg 7 Entree: Spaghetti & Meatballs with a Dinner Roll Salad: Cheesy Romaine Salad Deli: Build Your Own Pizza Bagel MTO: Build Your Own Deli Sandwich	BKFST: Chicken Sausage Pancake Bites 8 Entree: Buffalo Chicken Mac n' Cheese Salad: Egg Chef Salad Deli: Three Cheese Sub MTO: Build Your Own Salad
BKFST: Country Chicken & Cheese English Muffin 11 Entree: LoMein with Popcorn Chicken Salad: Chicken Ham Chef Salad Deli: Build Your Own Pizza Flatbread MTO: Build Your Own Deli Sandwich	BKFST: Glazed Cinnamon Roll 12 Entree: Breaded Chicken Drumstick & Biscuit Salad: Popcorn Chicken Salad Deli: Turkey & Cheese Sandwich MTO: Build Your Own Salad	BKFST: Powdered Sugar Donuts 13 Entree: Bosco Cheese Sticks & Marinara Sauce Salad: Egg Chef Salad Deli: Pretzel, Yogurt & Cheese Pack MTO: Build Your Own Burger Bar	BKFST: Breakfast Pizza 14 No Lunch – Early Release Day	BKFST: Cinnamon Chip Scone 15 Entree: Chicken Parmesan with Noodles Salad: Baja Veggie Salad Deli: Turkey & Cheese Sub MTO: Build Your Own Salad
BKFST: Banana Bread Slice 18 Entree: General Tso Chicken with Rice Salad: Cheesy Romaine Salad Deli: Turkey & Cheese Sub MTO: Build Your Own Deli Sandwich	BKFST: Mini Turkey Maple Pancake Bites 19 Entree: Mozzarella Cheese Sticks with Marinara Sauce Salad: Chicken Ham Chef Salad Deli: Pretzel, Yogurt & Cheese Pack MTO: Build Your Own Salad	BKFST: Strawberry Yogurt Smoothie 20 Entree: Bacon Cheeseburger Salad: Baja Veggie Salad Deli: Chicken Ham & Cheese Sub MTO: Build Your Own Burger Bar No Lunch at FHS – Half Day	BKFST: Egg & Bacon Breakfast Taco 21 No Lunch – Early Release Day	BKFST: Egg & Turkey Sausage Bagel 22 No Lunch – Early Release Day
No School Winter Break 25	No School Winter Break 26	No School Winter Break 27	No School Winter Break 28	No School Winter Break 29