

# APRIL 2023

All students who wish to order breakfast and/or lunch **MUST** complete a Meal Order Form by Monday, March 27, 2023.

You can always grab breakfast in your classroom. Breakfast includes an entrée (consisting of 1 or 2 items), fruit, 100% fruit juice & milk

\*No duplicates on cereal or yogurt  
BIC Schools Have Daily Cereal Option



## ACE'S CORNER

### Breakfast Prices

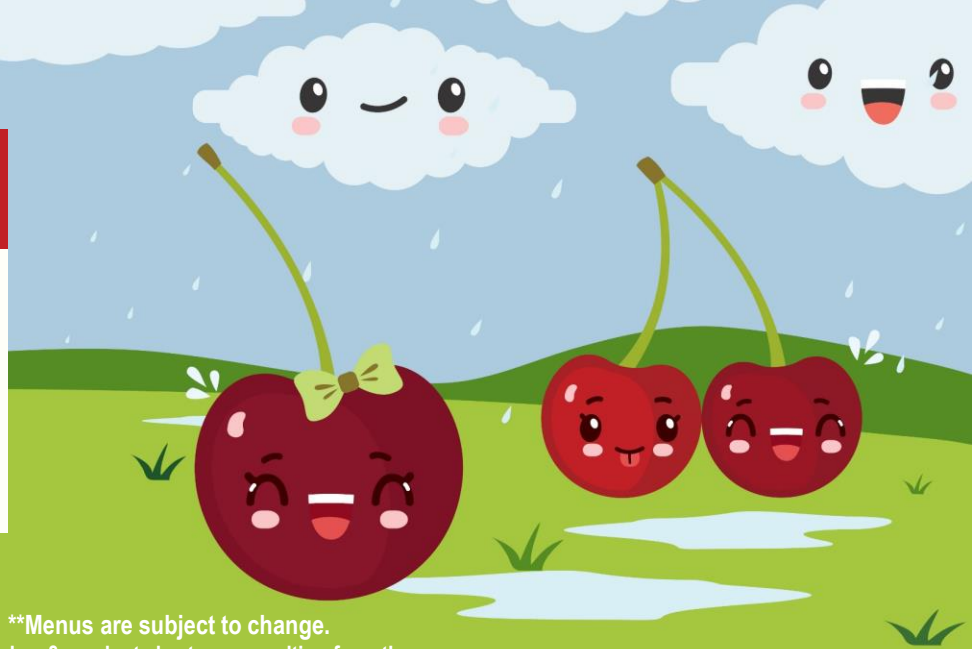
Paid: \$1.35

Reduced: \$0.30

### Lunch Prices

Paid: \$2.35

Reduced: \$0.40




\*\*Menus are subject to change.

Due to labor & product shortages resulting from the pandemic, expect menu adjustments.

Salad bars are back & available daily!

Cheese Sandwich offered at lunch daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
No School Spring Break	<b>3</b>	No School Spring Break	<b>4</b>	No School Spring Break	<b>5</b>	No School Spring Break	<b>6</b>	No School Spring Break	<b>7</b>
WG Cereal Bar WG Animal Crackers Strawberry Craisins	<b>10</b>	WG Mini Cinnis Pear	<b>11</b>	WG Mini Pancakes Apple Slices	<b>12</b>	WG Crunch Mania Banana	<b>13</b>	WG Mini Donuts Raisins	<b>14</b>
WG Mini Corn Dogs Baked Beans (Vegetarian) Soybutter & Jelly Sandwich Meal		Popcorn Chicken Bowl WG Crackers Sweet Golden Corn Soybutter & Jelly Sandwich Meal		WG Grilled Cheese Green Beans Bunny Sugar Cookie Soybutter & Jelly Sandwich Meal	<i>National Grilled Cheese Day!</i>	Hot Dog on a Bun French Fries Soybutter & Jelly Sandwich		WG Three Cheese French Bread Pizza Steamed Cauliflower Soybutter & Jelly Sandwich Meal	
Cereal Bowl WG Graham Crackers Apple	<b>17</b>	WG Oatmeal Chocolate Chip BenefIT Bar Raisins	<b>18</b>	WG Banana Bread Slice Applesauce Cup	<b>19</b>	WG Mini Cream Cheese Bagels Banana	<b>20</b>	WG Nutri-Grain Bar String Cheese Sliced Peach Cup	<b>21</b>
WG Bosco Cheese Sticks Marinara Sauce Sliced Carrots Soybutter & Jelly Sandwich Meal		WG Chicken Tenders WG Crackers Roasted Zucchini Squash Soybutter & Jelly Sandwich Meal		Asian Chicken Salad Mixed Vegetables Soybutter & Jelly Sandwich Meal	<i>New Limited Time Item!</i>	WG Chicken Patty Sandwich Tater Tots Dirt & Worms Pudding Cup Soybutter & Jelly Sandwich Meal	<i>Happy Earth Day!</i>	WG Cheese Flatbread Steamed Broccoli Soybutter & Jelly Sandwich Meal	
WG Cereal Bar WG Animal Crackers Pear	<b>24</b>	WG Glazed Donut Apple Slices	<b>25</b>	WG Mini Cream Cheese Bagels Applesauce Cup	<b>26</b>	WG Mini Cinnamon French Toast Banana	<b>27</b>	WG Apple Frudel Strawberry Craisins	<b>28</b>
Crispy Fish Sticks Macaroni & Cheese Roasted Squash Soybutter & Jelly Sandwich Meal		Mozzarella Cheese Sticks Marinara Sauce Roasted Carrots Soybutter & Jelly Sandwich Meal		Cheeseburger on a WG Bun Wedge Fries Soybutter & Jelly Sandwich Meal		Chicken Alfredo WG Dinner Roll Steamed Broccoli Soybutter & Jelly Sandwich Meal		WG Cheese Pizza Mixed Vegetables Soybutter & Jelly Sandwich Meal	
						 <p><b>Now Hiring!!</b> Food Service is hiring substitute workers! <b>Work While Kids are in School</b> Apply online @ <a href="http://www.fraser.k12.mi.us">www.fraser.k12.mi.us</a></p>			

# PIE IN THE SKY

Cherries are known as drupes or stone fruits, like nectarines and peaches, and are high in antioxidants. There are more than 500 varieties of sweet cherries (*Prunus Avium*), and almost as many tart ones (*Prunus Cerasus*); though only a small percentage—around 20 or so altogether—are sold commercially. A typical cherry tree produces 7,000 cherries, that can be harvested in seven seconds using a mechanical tree shaker. The state of Washington grows an estimated 62 percent of the United States' sweet cherries, which are great summer snacks. Michigan, meanwhile, grows well over half of the country's tart cherries, which are mostly used for cooking.

## DID YOU KNOW?

### FOLLOW THE CHERRY TREE ROAD

Cherries were part of the Roman soldiers' rations, and as they traveled, the pits they discarded became the trees that bloomed throughout the empire. There was a saying that to find the old Roman roads, all one had to do was follow the wild cherry trees



## ACE'S JOKE OF THE MONTH

### WHY ARE CHOCOLATE-COVERED CHERRIES THE PERFECT DINNER PARTY HOSTS?

SEE ANSWER BELOW



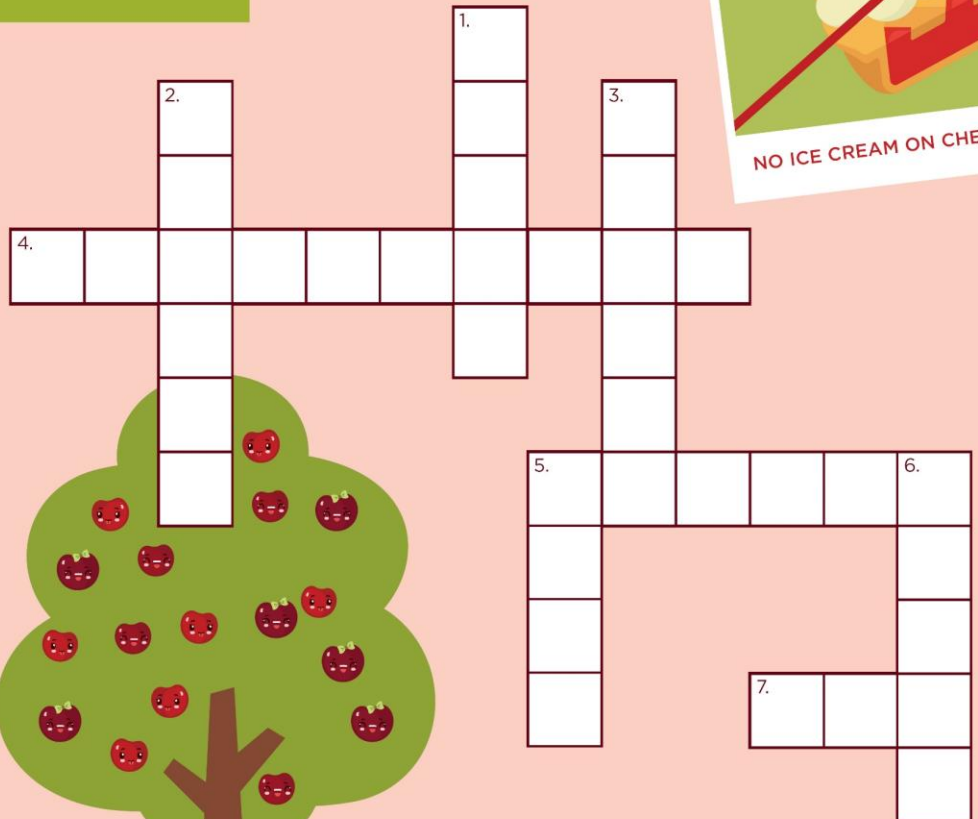
## ACTIVITY: CROSSWORD PUZZLE

### ACROSS

- Door County, Wisconsin's nickname, earned by its production of 95% of the nation's tart cherries
- State that once prohibited ice cream be served on cherry pie
- Cherries, apples, and blueberries make great filling for this dessert

### DOWN

- Fruit often bobbed for in the fall and rumored to help keep the doctor away
- Type of tree George Washington was rumored to have chopped down in his youth
- A monkey's favorite fruit
- Tropical fruit that shares its name with a flightless bird—this fruit is green on the inside, with a brown and fuzzy outside
- The number of seconds it takes to harvest a cherry tree using special machinery



This institution is an equal opportunity provider.

JOKE ANSWER: They are extremely cordial.  
 ACTIVITY ANSWER: ACROSS: 4. Cherryland; 5. Kansas; 7. Pie; DOWN: 1. Apple; 2. Cherry; 3. Banana; 5. Kiwi; 6. Seven