

COVID Guidelines - January 2022

School Environment Direct Contacts - Unvaccinated Persons Contact was made within the school environment	
Quarantine only	Quarantine for 10 days with day 1 being the day after the last day of exposure to the positive testing person
Quarantine plus masking	Quarantine for 5 days with day 1 being the day after the last day of exposure to the positive testing person plus Mask days 6-10 required
Quarantine and test on day 5	Quarantine for 7 days with day 1 being the day after the last day of exposure to the positive testing person and on day 5 test negative (returning to school on day 8)
Remain in school by testing plus masking	Remain in school by testing negative on days 2, 4, and 6 plus Mask days 1-10 required
Remain in school by testing only	Remain in school by testing negative on days 1 through 7 with day one being the day after the last day of exposure to the positive testing person and wearing a mask around others for 10 days are recommended .

School Environment Direct Contacts - Vaccinated Persons Contact was made within the school environment
No quarantine is required. However, The CDC recommends that a mask be worn when near others for 10 days following the date of exposure to the positive testing person with day one being the day after the last day of exposure to the positive testing person

NOT in the School Environment Direct Contacts - Unvaccinated Persons Contact was made outside the school environment (in the home or community)
Quarantine for 5 days with day 1 being the day after the last day of exposure to the positive testing person plus Mask days 6-10 required

Positive Testing Persons - Unvaccinated and Vaccinated Persons
<p>May return to school/ work if:</p> <ul style="list-style-type: none"> ● At least 5 days have passed since symptom onset plus Mask days 6-10 required ● At least 24 hours have passed since resolution of fever without the use of fever-reducing medications AND ● Other symptoms have improved (Lost of taste and smell may last for weeks or months and need not

delay the end of isolation)

Please note that there is no testing requirement to return to school

Direct Contacts - Quarantine Not Required

Students or staff who have tested positive for COVID-19 in the past 90 days.

Students 5-17 years of age who are two or more weeks past completion of a primary series of COVID-19 vaccine. Testing on day 5 and wearing a mask around others for 10 days are recommended.

Students and staff 18 years of age or older who have received all recommended COVID-19 vaccine doses, including a booster dose. There is no time requirement following administration of the booster dose. Testing on day 5 and wearing a mask around others for 10 days are recommended.

We are offering a free COVID testing clinic at Fraser High School, 34270 Garfield (come to the Athletics Entrance on the north end of the school) **for students exposed at school**. It is open weekdays from **7:00 – 10:30 a.m.** No appointment is necessary, but please parents need to complete the [consent form](#) prior to coming for testing. We are using rapid tests, results are sent via email.

Staff and students should always monitor for fever, cough, shortness of breath, nausea, vomiting, diarrhea, runny or stuffy nose, loss of taste or smell, and abdominal pain.

We continue to follow the guidance of the [CDC](#), [MDHHS](#), and our [Macomb County Health Department](#). If you have questions, you can contact the Macomb County Health Department Communicable Disease Program at (586) 783-8190.